

Now available to Children's Mercy members



Move through Menopause with Progyny



In menopause, it's easy to feel like you don't know where to turn for answers you can trust.

Let's take care of *you*

You deserve relief and a specialized team by your side — Progyny helps you access expert menopause providers and coaches so you can develop a holistic plan that meets your unique needs.

Support starts July 1, 2025:



Connect with your dedicated Patient Care Advocate (PCA) for coaching



Access virtual care from menopause specialist MDs/NPs



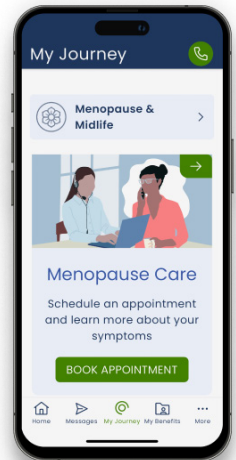
Tap into exclusive content from top menopause MDs, in-app or online



Explore hormonal and non-hormonal treatment options



Learn lifestyle tips for sleep, nutrition, mental health, and more



Progyny is available to members and their covered spouse enrolled in an eligible Cigna medical plan through Children's Mercy, and there's no cost for dedicated coaching and the app. If you have provider visits or prescriptions, they'll be in-network with your medical insurance.

Give us a call 833.233.0380

Our Menopause PCAs are available M-F from 9:00 am – 9:00 pm ET to answer all of your questions, as often as you need them.

Get started:

Scan to call

